

Your safety and comfort are important to us. Please read this list carefully and contact us with any questions or concerns. The entire course takes place outdoors and activities will continue rain or shine. We will be hiking off trail on rough terrain and will likely encounter wet conditions, including stream crossings. Temperatures can be below 32 degrees F or as high as 80+ degrees F. Snow is possible at any time. Be prepared with adequate warm clothing, a hooded rain jacket, and rain pants. Dressing in layers is recommended. Mosquitoes and other biting insects can be numerous anytime during the summer.

**Packing your clothing and gear in a large backpack will be easiest for transport to the campground.** At the campground, we leave all scented items such as toiletries and bug spray in a bear-proof shed and *do not allow them in the tents*. Please pack these items separately in a small bag.

**Clothing for Cold Weather:**

- 3 pairs warm socks (wool or synthetic)
- 2 warm long-sleeve shirts (synthetic)
- 1 pair of long underwear (synthetic) and/or fleece pants
- 1-2 sweaters or jackets (wool or fleece)
- Warm winter-style hat (wool or fleece)
- Long pants (quick drying synthetic)
- 2 pairs Warm gloves (wool or fleece)
- 1 Winter Coat or Parka that is windproof. Hand and foot warmers can be useful.

**Clothing for the Heat & Sun:**

- T-shirt or short-sleeve shirt
- Baseball cap or sun hat
- Sunscreen & sunglasses
- Optional - light-weight pants

**Clothing for Precipitation, Wind & Insects:**

- Hooded Rain jacket
- Rain pants
- Head net
- Insect repellent
- Optional – anti-itch ointment

**Footwear:**

- Waterproof hiking boots (broken in!)
- Knee high rubber boots (like XtraTuffs or similar)
- Optional – Light-weight shoes (for around camp)

**Camping Equipment and Other Important Items:**

- Small waterproof tent just big enough to hold yourself and your personal gear (and a companion if applicable) with good ground tarp
- Warm Sleeping Bag
- Small backpacking style sleeping pad
- Day pack
- 1-2 Personal water bottles (1 liter size)
- Lightweight bowl, mug, fork, spoon, and a small bag for these items
- Bandana
- Personal hygiene items & prescription medications packed in a small bag
- Small lightweight Flashlight/Headlamp and extra batteries
- Binoculars and/or spotting scope if you have one
- Optional -- Camera, Notebook, Waterproof writing implement, Bird field guide, Personal sized thermos, Hiking poles, Gaiters, Small camp chair

**Equipment that WILL be provided by the Alaska Geographic:**

- All cooking equipment & all meals.

If you have any questions about what to bring and what not to bring please call our office at 907-683-6432. Your comfort is very important to us – this means having what you'll need to stay safe, warm and dry, but we also need to ensure that we do not overload ourselves and our van.